

1. Choose a ring that already fits you well.
2. Utilize a ruler to measure the inside diameter of the ring in millimeters (mm).
3. Refer to the chart on the next page to find the closest ring size based on the diameter.

## Method 2: Measure your Finger

1. Cut a thin strip of paper.
2. Wrap the strip of paper around the part of your finger where you intend to wear the ring. Use a pen to mark the point where the paper overlaps itself.
3. Place the strip of paper on a flat surface and use a ruler to measure the length in millimeters ( mm ) from the end of the paper to the marked point.
4. Take the measurement (mm) and divide it by $\pi(\mathrm{Pi})$ to calculate the diameter. Refer to the chart on the next page to determine the nearest ring size that corresponds to the calculated diameter.

Caratilux
Find Your Ring Size

| Diameter | EU | US |
| :---: | :---: | :---: |
| 14.3 mm | 45 | 3 |
| 14.6 mm | 46 | 3.5 |
| 14.9 mm | 47 | 4 |
| 15.3 mm | 48 | 4.5 |
| 15.6 mm | 49 | 5 |
| 15.9 mm | 50 | 5.5 |
| 16.2 mm | 51 | 6 |
| 16.6 mm | 52 | 6 |
| 16.9 mm | 53 | 6.5 |
| 17.2 mm | 54 | 7 |
| 17.5 mm | 55 | 7 |
| 17.8 mm | 56 | 7.5 |
| 18.1 mm | 57 | 8 |
| 18.5 mm | 58 | 8.5 |
| 18.8 mm | 59 | 9 |
| 19.1 mm | 60 | 9 |
| 19.4 mm | 61 | 9.5 |
| 19.7 mm | 62 | 10 |
| 20.1 mm | 63 | 10.5 |
| 20.4 mm | 64 | 11 |
| 20.7 mm | 65 | 11 |
| 21.0 mm | 66 | 11.5 |
| 21.3 mm | 67 | 12 |
| 21.6 mm | 68 | 12.5 |
| 22.0 mm | 69 | 13 |
| 22.3 mm | 70 | 13 |
| 22.6 mm | 71 | 13.5 |
| 22.8 mm | 72 | 14 |
| 23.2 mm | 73 | 14 |
| 23.5 mm | 74 | 14.5 |
| 23.8 mm | 75 | 15 |

